



Tel: 021-785 1214; Private Bag X 26, Box 204, Tokai 7966

SOCIAL AND EMOTIONAL LEARNING (SEL) WORKSHOP: 3 Hrs. (5 CPD points)

The 'what' and 'why' of SEL and how it can be integrated into all aspects of school life: curriculum, teaching practice, classroom management, sports coaching and therapeutic support.

It is a fact that great teachers help to build outstanding students. A motivating and knowledgeable teacher is the most important factor for influencing student accomplishment. It is therefore vital for teachers to have ongoing professional development, as this keeps them up-to-date about how students learn, new curriculum resources and evolving technology. The best professional development is ongoing, applied, collaborative and developed from working with students.

E-Classroom are proud to offer their SACE Accredited (and first of its kind in South Africa) Social Emotional Learning (SEL) Workshop.

What is SEL?

Social Emotional Learning is the process through which children and adults learn the skills and competencies that result in a well-developed level of social-emotional literacy leading to increased success in learning and quality of life.

The eight defined SEL competencies covered in the workshop are self-awareness, self-management, social-awareness, relationship skills, personal responsibility, decision-making, optimistic-thinking and goal-directed behavior.

A SEL programme is a developmentally appropriate curriculum or course, across the grades, that proactively teaches the eight core SEL competencies between school and home. The COOL TO BE ME curriculum is the accredited SEL programme for this CPD workshop.

Educators and practitioners who engage in SEL training and proactively teach broad-based SEL programmes, can realistically expect to enjoy positive outcomes personally, in their classrooms and in the personal development of each learner emotionally, socially and academically.

Cost per participant: R500

Resources provided/required:

1. Course notes including reflective journal – provided at no extra cost.
2. Grade appropriate COOL TO BE ME Teachers Manual @ R260 each for workshop delegates, which is a 25% discount on retail price.

Who can benefit from attending?

Teachers, school counselors, school social workers, remedial teachers, speech therapists, OT's, sports coaches and home-school parents.

Who facilitates the workshop?

The workshop is facilitated by Linda Bruce -B.Econ. (Industrial Psychology) Stellenbosch University; Published author; Creator, author and teacher of COOL TO BE ME – Grades 1 – 7 SEL curriculum.

Skills and knowledge gained through completing the workshop:

- A clear understanding of what SEL is and the neuroscience that supports its place in education.
- An in depth understanding of each competency and how to integrate it into teacher practice, classroom management and sports coaching in order to promote the social and emotional development of each child.
- Reflection on personal areas of strength and development with regards to each competency.
- The confidence and ability to use the COOL TO BE ME resources as content for the Life Skills subject for Grades 1-6 immediately after the workshop.

Interested in attending the E-Classroom SEL CPD Workshop?

If you would like to attend our workshop or have any queries, please contact Mel Spriggs on mel@e-classroom.co.za

Apply to be a 'host school' and enjoy significant discounts!

We offer significant discounts and bonuses to any school willing to host a workshop. For more information with regards to the role and responsibility of the host school and the reciprocal discounts and bonuses offered, please contact Mel Spriggs on mel@e-classroom.co.za