

Ukusebenzisa izibabazi ngendlela ekuyiyo

Igama lakho:

Funda indaba, uyibhale futhi usebenzise amaletha amakhulu , full stops, commas, question marks and exclamation marks.

udj arch usezenzele igama ngokwakhe njengoyena dj osemncane udlale kubabukeli abaningi kakhulu futhi wake wavela kwi south africa's got talent lapho indlela adlala ngayo yashiya amajaji engawuvali umlomo pho yini okwenza udj arch abe nekhono elingaka abazali bakhe bayaqinisekisa ukuthi udla ukudla okunempilo okufana netuna noshatini

weganda wamaganda ngokudla kwasekuseni abesedla ipilchard noresiphi kabontshsi emini ngoba uyazi ukuthi inhlanzi igcina inqondo yakhe icabanga ngokuqoqene uma edlala inhlanzi unama Omega 3-fatty acids usisiza ukuthi sihlale sinempilo inhlanzi ekopini ikulungele futhi osekopini kusho usally sardine khumbula ukufaka inhlanzi ekudleni kwakho kabili ngeviki



Faka umbala uSally sardine