

Name of topic: Me		
Grade 1: Term 1: Week 1	Subject: English Home Language	
Curriculum Standards: (CAPS) English Home Language Grade 1 Term 1		
Time	CAPS requirements	Activities for week 1
Listening & Speaking 45 minutes	CAPS pg 55 Listens to stories with interest.	Nomvula's first day at school.
Phonics 30 minutes	CAPS pg 56 Begins to build up short words using sounds learnt such as c-a-t. Distinguishes between different initial sounds of words.	Learn about sounds.
Reading and Phonics: Shared Reading 30 min	CAPS pg 56 Uses pictures to predict what the story is about: reads picture books.	Things I can do.
Writing 30 minutes	CAPS pg 59 Writes a caption for a drawing or picture. Draws pictures to convey personal experiences.	My favourite things.
Handwriting	CAPS pg 59 Forms lower case letters correctly (2 vowels and at least 6 consonants, e.g. l, o, h, m, a, b, t, c).	Practise writing letter 'a'.
Resources needed		
Worksheets from e-classroom		

Assessment	
Informal Assessment	
Use the informal assessment method you are most familiar with for informal assessment.	
Formal Assessment	
Use the following scale for recording and reporting assessment in the Foundation Phase.	
Rating code	Description of competence
7	Outstanding achievement
6	Meritorious achievement
5	Substantial achievement
4	Adequate achievement
3	Moderate achievement
2	Elementary achievement
1	Not achieved
Learning Activities and how to teach them	

Listening and Speaking

Activity: Nomvula's first day at school.

Preparation:

Ensure you have enough copies of the worksheet.

How to teach the lesson:

The educator should read the story with lots of expression. The educator should pause every so often and ask the learners to predict what they think will happen next.

The educator should explain the meaning of any difficult words in the story.

The educator can ask the learners to express their feelings and thoughts about the story.

The educator should ask the learners questions about the story.

Suggested answers:

1. What is the little girl's name? **Her name is Nomvula.**
2. Where is she going? **She is going to school.**
3. How does she get to school? **She walks to school with her mother.**
4. What is her teacher's name? **Her teacher's name is Mrs Dhlomo.**
5. What does she do at school? **She listens to stories. She learns to count. She learns to read and write. She says the alphabet.**
6. How was Nomvula's first day at school? **It was good.**

Phonics

Activity: Learn about sounds.

Preparation:

Ensure you have enough copies of the worksheet.

How to teach the lesson:

The educator should ask the learners to look at the pictures and tell the educator what they see.
Sound out the word c-a-t with the learners.

The learners should use the letters in the box to complete the words. These are simple 3 letter words that can easily be sounded out by the learners, such as c-a-t is cat and d-o-g is dog etc.

Next, the learners should draw a line from each letter to match the correct picture.

Suggested answers:

1. Cat
2. Rat
3. Dog
4. Bat
5. Hat
6. Egg

Reading

Activity: Things I can do.

Preparation:

Ensure you have enough copies of the worksheet.

How to teach the lesson:

Ask the learners to tell you the title of the story. The title is 'Things I can do.'

Ask the learners to look at the pictures.

Discuss what is happening in the pictures with the learners.

Ask the learners to read the sentences aloud using the pictures as prompts to help them.

Check that the learners are reading correctly and pronouncing the words correctly.

The learners can colour in the pictures.

Writing

Activity: My favourite things.

Preparation:

Ensure you have enough copies of the worksheet.

How to teach the lesson:

Have a class discussion and ask the learners to tell you their favourite food, hobby, animal, colour and toy.

The learners should write about their favourite things and draw a picture about it.

The educator can help the learners to spell the words. Write the spelling of words on the board.

When they have completed their worksheet, the learners can present their work to the class and tell their educator and friends about their favourite things.

Handwriting

Activity: Practise writing the letter 'a'.

How to teach the lesson:

In this worksheet, learners will practise forming the letter 'a'.

Demonstrate how to write the letter 'a' on the whiteboard.

Let the learners practise tracing the letter 'a' on their worksheet.

Ask the learners to think of words that begin with the letter 'a' such as apple, ape, arrow etc.

Make sure learners write with correct spacing and holding their pencil with the correct pencil grip.